



318 - Onion Rings, Breaded Gourmet 3/8"

Ct./Lb 23-28

Brand: Fry Foods, Inc.®



Nutrition Facts

Serving Size 6 pieces (100g) (6piece)
Servings Per Container: 0

Amount Per Serving

Calories 180

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 660mg 29%

Potassium 93mg 2%

Total Carbohydrate 38g 14%

Dietary Fiber 1g 4%

Sugars 3g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 19 mg • Iron 2 mg

Vitamin D 0mcg •

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Onion, Wheat Flour, Water, Yellow Corn Flour, Modified Corn Starch, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice, Sugar, Yeast, Soybean Oil, Dextrose, Extractives of Turmeric, Paprika And Annatto (Color).

Case Specifications

GTIN	10026846003187	Case Gross Weight	16 LB
UPC		Case Net Weight	15 LB
Pack Size	6 / 2.5LB	Case L,W,H	15.63 IN, 11.88 IN, 10 IN
Shelf Life	547 Days	Cube	1.08 CF
Tie x High	10 x 8		

Preparation and Cooking

Deep fry frozen product at 350F for 1.5 to 2 minutes

Serving Suggestions

6 pieces

Packaging and Storage

Keep Frozen

Allergens

CONTAINS:

Wheat or Wheat Derivatives

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Molluscs or Mollusc Derivatives, Peanuts or Peanut Derivatives, Shellfish or Shellfish Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives